

Balaji Summer Youth Camp 2025

'Itihāsa, Purāṇa, Yoga'



Overview

<i>Invitation to Apply</i>	We are delighted to invite applications for Balaji Temple's Summer Youth Camp 2025: 'Itihāsa, Purāṇa, Yoga'
<i>About this Year's Camp</i>	A rich and engaging programme of Dharmic teachings, yoga, creative arts, storytelling, and team-building activities will be on offer – all rooted in the Epics and Purāṇas , and held within the sacred atmosphere of the Temple.
<i>Camp Dates</i>	Start Date: Sunday Jul 27, 2025 Drop off 6-7 pm End Date: Friday Aug 1, 2025 Pick Up 5-6 pm
<i>Cost</i>	£150
<i>Participant Ages</i>	This year's Camp is open to young people aged 9-17 (during the Camp), with many activities run in two groups: 'Young Ones' and 'Teens' . Ex-campers aged 18+ have the opportunity to apply as volunteers , along with the general volunteers of the Temple. Applications will be invited by the Temple Welfare Committee before the Camp. Please note: the Winter Camp later this year will be for ages 18+ only

<p><i>Camp Highlights</i></p>	<ul style="list-style-type: none"> ● Expert-Led Sessions – Explore Hindu scriptures, philosophy, and values with inspiring speakers and instructors ● Interactive Workshops – Engage in hands-on activities that bring Hindu traditions to life ● Yoga & Meditation – Enjoy guided sessions that support both physical and spiritual well-being ● Creative Arts – Discover classical music and dance with expert guidance ● Team Challenges – Build leadership and teamwork skills through fun, collaborative tasks ● Temple Worship & Bhajans – Take part in uplifting devotional practices in the Temple’s sacred atmosphere
<p><i>How to Apply</i></p>	<ul style="list-style-type: none"> ● Please use this link to complete the Application Form by 11 May: bit.ly/SYC25 ● The deadline may be brought forward if all allocated spaces are already taken ● Then please make payment in cash at the Temple, by card over the phone, or by cheque payable to ‘Balaji Temple.’ Payment is non-refundable and non-transferable ● Spaces are limited and will be allocated on a first-come, first-served basis upon receipt of payment
<p><i>What to Bring</i></p>	<ul style="list-style-type: none"> ● Sleeping bag & pillow ● Air mattress (optional) ● Comfortable clothing for yoga ● Toiletries & weather-appropriate clothing ● Sports trainers & a water bottle ● Notebook & pens ● Mug for hot drinks ● Any regular medications
<p><i>Our Main Speakers and Facilitators (To Date)</i></p>	<ul style="list-style-type: none"> ● Dr. Raj Balkaran - A renowned scholar of Sanskrit narrative literature and tutor at the Oxford Centre for Hindu Studies, Dr. Balkaran is the founder of The Indian Wisdom School, host of the <i>New Books in Indian Religions</i> podcast, and author of <i>The Stories Behind the Poses</i>. He will lead sessions delving into the Epics and Purāṇas ● Freny Pavri - A Bharatnatyam dancer, musician, and yoga teacher, Freny is the founder of Classical Yoga London. She began practicing yoga as a child in Mumbai under Sri Yogendraji and teaches the classical style of Patanjali yoga. She will guide participants in daily yoga and meditation sessions ● Mark Gifford – Mark is the Executive Officer of the Balaji Temple, a scholar of the <i>Mahābhārata</i> and an experienced ‘non-formal’ educator. He will be leading sessions that draw all the experiences of the week together in an enjoyable and engaging way
<p><i>Next Steps</i></p>	<p>Following the closure for applications on 11 May we will be sending out further details of the programme</p>

Further Enquiries

We will endeavour to anticipate all queries in the application follow up. If unaddressed, please write to us at temple@venkateswara.org
